

2020

INTELLECTUAL OUTPUTS
DISSEMINATION GUIDE

YOUTH WORK 2.0

PREPARED BY:

Sprijin si Dezvoltare
Association



*What do you want to be when you grow up?
Draw or insert a picture and label it with helpful words.
You can use the pictures on the second page!*



ABOUT US

*YOUTH WORK 2.0 PROJECT, CO-FUNDED BY
THE EUROPEAN UNION THROUGH ERASMUS+
PROGRAMME*

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Sprijin
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Youth
Work
2.0



inerciadigital



Co-funded by the
Erasmus+ Programme
of the European Union



TAKE A LOOK ON OUR NEW RESOURCES

A project developed by Sprijin si Dezvoltare Association in collaboration with Inercia Digital

Within the project Youth Work 2.0, Sprijin si Dezvoltare from Romania together with Inercia Digital from Spain created 4 new resources for experts in order to help them to:

- Reach marginalised young people
- Fight against discrimination and ensure social inclusion
- Raise the tolerance and understanding between young people with and without fewer opportunities
- Develop the social, civic and intercultural competences at the young people with and without fewer opportunities
- Create, plan, implement, evaluate and monitor non-formal education activities with young people with and without fewer opportunities jointly

The resources are addressed to youth workers and organisations who works with young people with fewer opportunities (or wants to work with them), but it can be used by any other expert or organisation from the Youth, Education, Adult education and VET field.

The resources can be used by literally anyone who wants to achieve one of the main objectives listed above.

We believe these resources give valuable information for you to develop new non-formal education projects or activities and improves your youth quality.



We have gathered together all that we have learned during 10 years of experience and expertise in non-formal education, digital learning, youth work and through dozens of European projects, and we have created these products.



TAKE A LOOK ON OUR NEW RESOURCES



Contact us

Please contact us on

sprijinsidezvoltare@yahoo.com

if you have any questions related with the project or with the new resources.

The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Read more about it

If you want to know more about the project Youth Work 2.0, please go to <https://youthworkers.eu/>.

If you want to learn more about the Erasmus+ Programme, please go to <https://ec.europa.eu/programmes/erasmus-plus>.

Now, let's learn how to use every resource.



A NEW OPEN ONLINE COURSE

Open Education Resource (OER)

As part of the Youth Work 2.0 project we have created an Open Education Resource (OER) to teach youth workers how to correctly plan, implement, monitor and evaluate a learning activity with young people with and without fewer opportunities jointly.

Youth work

The platform will help you, the youth worker, understand the relationship between social inclusion and youth work, to develop, plan, implement, monitor and evaluate non-formal activities to foster the development of social, civic, intercultural competences among youths with and without fewer opportunities jointly; and how to engage in non-formal activities youth with and without fewer opportunities. The platform helps you identify the target group needs and to analyse the context.

Target group

Youth Workers, Youth Leaders, Youth Supervisors





OTHER EXPERTS FROM ADULT EDUCATION, VET AND EDUCATION FIELD CAN USE IT THIS PLATFORM TO ENSURE SOCIAL INCLUSION AND TO CREATE THE DESIGN OF AN ACTIVITY THAT JOINTLY INVOLVES INDIVIDUALS WITH AND WITHOUT FEWER OPPORTUNITIES, TO RAISE TOLERANCE AND FIGHT AGAINST DISCRIMINATION

The e-Learning platform is an open education resource developed based on Multimedia Learning principles, and contains:

An open online course with 10 modules, in English with subtitles in Romanian and Spanish.

The online course has the following lessons:

1. Youth work and its impact - Ethics, role, well-being
2. Social inclusion and youth work - Facilitate non-formal education activities with youths with and without fewer opportunities jointly
3. Foster the development of social and civic competences among youths with and without fewer opportunities jointly
4. Prepare the non-formal activity - needs assessment, establish the learning objectives
5. Choosing the methods: learning, learning outcomes and learning styles
6. Characteristics of non-formal activities with intercultural dimension - culture, identity, intercultural learning, youth work
7. Non-formal activities
8. How to form the team
9. Non-formal activities evaluation and monitoring: Objectives, process, results and in impact
10. Preparing the participants for transfer and multiplying

A Toolkit that provides a minimum quality standard to develop non-formal learning activities. There are 14 templates that can be downloaded to use in order to plan, design, evaluate, monitor, ensure impact, follow up and ensure the sustainability of the non-formal activities with youth with and without fewer opportunities jointly.

The toolkit templates include:

1. Youth workers role, identify values and ways for well being

2. Social inclusion and the connections between social inclusion and youth work

3. How to facilitate non-formal education activities with youth with fewer opportunities jointly, identifying the target group, select the participants

4. Steps to take to foster the development of social and civic competences in activities that involve youths with and without fewer opportunities jointly. Instrument 4 also give you a series of **example of social and civic participation**, that you can use in the non-formal activities or you can guide the young people to do.

5. Need assessment sheet, objectives development sheet

6. Plan the expected results and establish the learning outcomes

7. How to introduce the intercultural dimension in the non-formal activities

8. What to do and what to plan before, during and after the activity in terms of actions

9. The program design of the non-formal activity, the frame and program flow, session design

10. Tools to plan the activity in terms of time management

11. How to choose the methods - differences between the methods and methodology aims, target group, time, space, experience, preferences, individuals, topic

12. Tools to monitor and evaluate: questionnaire, observation sheets, feedback, sessions, daily evaluation, tailored, qualitative and quantitative evaluation

13. Develop the non-formal activity report

14. Instruments and tools to ensure transfer and multiplying



[HTTPS://ELEARNING.YOUTHWORKERS.EU/](https://elearning.youthworkers.eu/)



**YOU CAN FOLLOW
THIS COURSE FOR FREE BY REGISTER ON HERE:
[HTTPS://ELEARNING.YOUTHWORKERS.EU/](https://elearning.youthworkers.eu/).**

The toolkit is available in English, Spanish and Romanian on <https://youthworkers.eu/> on the Toolkit menu.

Each online lesson has a written module, where you can find more information about the subject, beside the information that was already provided through each video.

You can use the toolkit every time you want to create, plan, implement, monitor and evaluate a non-formal activity.

Both, the online course and the toolkit help you to increase the quality of your work.



BOOK – REACHING OUT TO MARGINALISED YOUNG PEOPLE

Develop tolerance among young people with and without fewer opportunities. Fight against discrimination.



RESEARCH

We have written the book named “Reaching out to marginalised young people” and we aimed to help experts to reach marginalised young people and to fight against discrimination and intolerance among young people with and without fewer opportunities.

NEW MEASURES

We want to give a new perspective on how we should reach the young people with fewer opportunities, and how to use other channels than we are used too, so we can increase our non-formal activities visibility.

THE BOOK ANALYSED THE CURRENT SITUATION AND PROVIDES NEW METHODS AND APPROACHES TO PREVENT DISCRIMINATION AND INTOLERANCE AMONG YOUNG PEOPLE BASED ON THE CURRENT CONTEXT, ORGANISATION NEEDS AND YOUTH’S NEEDS, RELEVANT AT EUROPEAN LEVEL, AND IN THE SAME TIME TO OFFER PARTICULARITIES FROM ROMANIA AND SPAIN.



GO TO [HTTPS://YOUTHWORKERS.EU/](https://youthworkers.eu/) ON THE RESULTS MENU TO READ OR TO DOWNLOAD THE BOOK.

HOW CAN WE REACH MARGINALISED YOUTH, FIGHT AGAINST DISCRIMINATION AND INTOLERANCE AMONG YOUTH? WHAT YOUTH WORKERS USE TO REACH MARGINALISED YOUTH, PREVENT FIGHT AGAINST DISCRIMINATION AND FACILITATE TOLERANCE? WHAT IS THE VALUE/ CONTRIBUTION OF THE YOUTH WORK TO REACH MARGINALISED YOUTH, FIGHT AGAINST DISCRIMINATION AND INTOLERANCE AMONG YOUTH? WHAT ARE THE MEASURES THAT YOUTH WORKERS USE TO ENSURE NON-DISCRIMINATION PROCESS OF SELECTION AND ACTIVITIES? THESE ARE THE MAIN QUESTIONS OUR BOOK ANSWERED.

Feel free to use the research finding to reach the marginalised young people. You can also use it in order to develop measures and action to create common non-formal, informal or even formal activities for young people with and without fewer opportunities, so they can participate jointly to prevent discrimination and intolerance among youth. Use it to promote your learning opportunities and to create your activities methodologies.

Because the principles that we used are universals, you can use this book regardless the target group you have. The results of this book are relevant for experts from Youth, Adult Education, VET and Education field.





THE CHAPTERS

If you want to understand and know more about the youth work and social inclusion situations, then you should have a look on the chapter **“Youth work, marginalised young people and social inclusion”**.

In this chapter you can get inspired by the good practices examples that we have provided from Romania, Spain and from other European countries that are relevant in European context. We have wrote about numerous example of project funded by the European Union, project who aimed to fight against discrimination, to reach marginalised young people and to ensure social inclusion.

In 2019 Sprijin si Dezvoltare Association and Inercia Digital organised 4 meeting that brought together experts from different domains and young people fewer opportunities experimenting marginalisation and we have identified measures, methods and good practices that are used by the experts in order to reach marginalised young people, to prevent racism and to raise tolerance. Sprijin si Dezvoltare Association and Inercia Digital organised also four focus groups in order to identify effective ways to reach socially excluded young people and provide a deeper understanding of the phenomena. The results of the consultative meetings and focus groups are in this chapter along with two study cases on 2 different organisations that works with young people with fewer opportunities. Read the chapter and be surprised by the common challenges faced by the participants from the 2 countries.

We have included a study made by Sprijin si Dezvoltare Association from Romania together with Inercia Digital from Spain in the chapter **“Strategy for reaching marginalised youths”**, where we have found out how we can reach marginalised young people, fight against discrimination and intolerance among young people.

We have applied a questionnaire on 200 organisations from all over Europe and beyond. The aim of the questionnaire was to provide data on how youth workers reach marginalised youth, ensure the non-discrimination principles and promote tolerance; best practice to ensure the social inclusion of the youth with fewer opportunities in mixed groups; and used inclusive methodology to develop accessible activities in the organisation for marginalised youths.

Use the results of this studies to create your own strategy to reach marginalised target groups and to discover new measures and methods that can be used or adapted in your work.

The next two chapters offers methods that you can use in order to ensure non-discrimination principles and recommendations to be used in non-formal activities to support participants with fewer opportunities in their role as multipliers. In the lasts chapter you can find the conclusions of this book.

The **local authorities** can use these results by supporting the youth work and creating the necessary infrastructure and partnerships in order to reach marginalised young people.





21 NEW NON-FORMAL METHODS

**GO TO
[HTTPS://YOUTHWORKERS.EU/](https://youthworkers.eu/)
ON THE RESULTS MENU TO
READ OR TO DOWNLOAD THE
NEW METHODS.**

We have developed 21 new non-formal methods to be used in the activities with young people with and without fewer opportunities jointly to develop social, civic, intercultural competences and to ensure social inclusion at the same time.

The non-formal education methods are created considering the particularities of each fewer opportunity, so you won't need to adapt it in order to ensure social inclusion.

Anyone who wants to develop the social, civic or intercultural competences of their beneficiaries, who wants to raise tolerance, to promote non-discrimination and to ensure social inclusion in their activities can use this handbook. Youth supervisors, organisation staff, youth leaders, trainers, coaches, teachers, educators, freelancers and other experts in the young people field, VET field, Adult education field and VET field can use this handbook to design their activities.



THE METHODS DON'T REQUIRE ADAPTATIONS

because they are specially designed for young people with and without fewer opportunities

From the 21 new methods, three aims to develop social competences, three aims to develop civic competences and three aims to develop intercultural competences. At the same time, these methods are designed to ensure social inclusion and to raise tolerance between young people with and without fewer opportunities.

The rest of the methods are designed to foster the social inclusion, three methods will foster tolerance and fight against discrimination, three methods will build trust, self-esteem and confidence, three methods are designed to experience and understand social exclusion, and three methods are designed to manage conflicts.

These 21 new non-formal methods are developed based on literature overview and theory and based on the experts' experience. All the methods were previously tested.



The new methods were created using non-formal education principles. The learning process is youth-centred. The methods actively involve physically and psychically the young people in their own learning process, using their competences and emotions.

The methods follow the experiential learning principles, the Kolb Cycle, by offering the opportunities for young people to experiment, to reflect, to find solutions, to draw conclusions, to discuss and to apply what they have learned in real life. The methods consider the learning preference of each existent learning style (active, reflexive, theoretician and pragmatic).

The new methods contain the necessary descriptions and examples of debriefing questions that will directly help the youth worker to lead the young people's learning through all stages of the Kolb Cycle.





A NEW BOARD GAME

Play!

Everybody likes to play games. And the young people (or people in general) learn better while they are playing. So, we have created a board game, that can be used by experts as a tool to raise tolerance, eliminate stereotypes and prejudice between the young people with and without fewer opportunities and raise awareness on social exclusion and diversity.

Anyone who wants to raise tolerance, to promote non-discrimination and to ensure social inclusion in their activities can use this board game during their activities.

AIM

The aim of the game is to solve different situations and/ or create different situations that approach exclusion, diversity, discriminations, tolerance, stereotypes, participating actively in the society, democracy, in teams so they can win the game. Using the game, you will help the young people with and without fewer opportunities to know each other better, to experience social exclusion and to explore its effects on individuals, to observe behaviours, will make them aware on different limitations that we and society have, they will share competences and become aware on the diversity particularities.





[HTTPS://YOUTHWORKERS.EU](https://youthworkers.eu)

Download the game and use it!

The game will build the trust and self-esteem of the young people with and without fewer opportunities; will develop competences regarding social inclusion, intercultural learning and diversity; will teach them how to solve conflicts, will increase motivation to actively participate in the society and in the decision-making life, experience challenges and barriers in participation, will encourage them to think differently and to improve things in the community. The game will also help the participants to identify ways to be active in the society, understand democracy and how to be inclusive and tolerant.

The game is adapted for the young people with disabilities and with educational difficulties.

To have this game is very simple. It is available for download and print, as a 'DIY – do it yourself' project, available on <https://youthworkers.eu/> on the Results menu. You can also order the game at srijinsidezvoltare@yahoo.com.

The game contains clear instruction on how to use it and how to download and print it. If you have questions regarding how to build the game, you can write us on srijinsidezvoltare@yahoo.com.





OTHER RESULTS

<https://youthworkers.eu/>

Based on the project framework, you can create a new programme in your organisation to fight against discrimination and social inclusion and to foster the development of social, civic and intercultural competences at the individuals with and without fewer opportunities jointly. First you should download the intellectual outputs from the website. The intellectual outputs will help you implement our project.

Then you should identify the youth workers you want to involve in learning and developing the workshops with the young people. The next step is to create meetings for the youth workers to understand how to use the intellectual output. After you should create a strategy on how to identify the marginalised young people using the book and develop the workshops designs using the e-learning platform, the new nonformal methods and the new game. And last you should implement the workshops with the young people with and without fewer opportunities and support the young people's social and civic participation in the community.

More information about the programme you can find in the Dissemination Guide, the Progress Report, the Impact report and the Evaluation Report available on the project platform <https://youthworkers.eu/>.

